



FIELD GUIDE
Downtown Sulphur

AYA
YOUR FITNESS JOURNEY

the
Chickasaw
Nation



Welcome to Sulphur and thank you for choosing the “AYA – Downtown Sulphur Field Guide” as a way to stay active while exploring popular points of interest in downtown Sulphur. This 1 mile trail begins at the Artesian Hotel, Casino & Spa taking you along Muskogee Street through downtown Sulphur. Vendome Well will be your next stop as you continue through the Chickasaw National Recreation Area ending at the Chickasaw Visitor Center, right next door to where you began. Be sure to take in all the sites, stores and activities Sulphur has to offer along the way!

Please note: good walking/jogging shoes are recommended.



THE ARTESIAN HOTEL, CASINO & SPA

Established in 1906, Sulphur's original Artesian Hotel was a hot spot for celebrities, politicians and economic leaders of the region until it was destroyed by fire in 1962. Eventually, the Artesian Motor Hotel was constructed. It was later purchased by the Chickasaw Nation, becoming the first tribal business, and renamed the Chickasaw Motor Inn. The inn was demolished in 2006 and the new Artesian Hotel, Casino & Spa opened its doors in 2012 replicating the timeless style of the original building with modern amenities and luxury accommodations.



OKA' CHOKMASI PARK

Oka' Chokmasi, translated to "beautiful water" in Chickasaw, is a tranquil, water-themed park across the street from the Artesian and Chickasaw Visitor Center. This outdoor sanctuary is filled with art and nature. The bronze sculptures and water features include ancient symbols and traditional designs that tell the story of the Chickasaw people.



VENDOME WELL

Possibly one of the best-known artesian wells in Oklahoma, this outdoor attraction is located within the Chickasaw National Recreation Area not far from downtown Sulphur. You'll likely smell the well before laying eyes on it as it produces hydrogen sulfide – commonly described as a “rotten egg” smell. More than 1.3 million people visit the park each year and many believe the well to have special healing powers.



CHICKASAW VISITOR CENTER

Designed to provide tourism information and assist with telling the story of the Chickasaw National Recreation Area, the Chickasaw Visitor Center is a great place to end your walk and find out more about the region. Knowledgeable staff are available to answer your questions and direct you to other local attractions in the area. Browse through the Visitor Center gift shop for popular recreational items such as kites, Frisbees, outdoor children's games and more. This is a great way to enrich your experience and enjoy the park.

Before heading onto your next big adventure, rent a bike at the visitor center or take a drive to the nearby Chickasaw Cultural Center. View the living history of the Chickasaw people and cross the Inkana Bridge to enter into the Chickasaw National Recreation Area. You can also stop by Bedré Café – right across the street from the visitor center and treat yourself to a snack after that walk!

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